

Be the Change Global Wellness EMDR Training and Therapy
EMDR Basic Training Participant Agreement

The undersigned participant acknowledges that she or he has thoroughly read, understands and agrees to the following:

1. EMDR is widely recognized as an empirically supported treatment for PTSD and Acute Stress Disorder. Its safety and efficacy for other clinical applications have yet to be studied as much with controlled research.
2. All participants must either be licensed to practice psychotherapy in a discipline recognized by EMDRIA or
 - a. Must have completed masters level coursework in a mental health or related discipline recognized by EMDRIA,
 - b. Must currently be in a licensing track **and**
 - c. Be supervised by a licensed clinician with the appropriate letter on file. This letter should indicate that you have clinical privileges to practice psychotherapy under supervision and should endorse you to participate in the training. The letter from the licensed supervising clinician should be sent to: **Affiliated Wellness Group 524 Milwaukee Street #308, Delafield, WI 53018 or email to JenniferJonesEMDR@gmail.com**
3. Participants must have access to clients. This training is designed to help participants integrate the use of EMDR in their current clinical setting.



524 Milwaukee St., Suite 308, Delafield, WI 53018

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For your mind, body, soul, and spirit wellness.

4. A significant component of the training involves clinicians practicing EMDR and related procedures in small groups under the supervision of a trainer. These practice experiences should be prepared to address distressing real-life experiences as part of this training program in order to obtain the subjective experience of EMDR as a client would and to provide valid training experiences for other participants. It is not unusual for a target to surface during or after practice sessions. Trauma related case material presented didactically, in consultation sessions or on video may be distressing to those with unresolved issues. In submitting their application for training, participants affirm they have had exposure to this type of material and will be able to employ stabilizing/containment skills necessary during the following EMDR training, practice and consultation sessions.
5. Further, with reference to item 4 above:
 - a. Clinicians presently engaged in personal therapy and or psychiatric treatment should inform their therapist and or psychiatrist about the experiential component of this training and secure their therapist's and or psychiatrist's support before beginning this training.
 - b. Those with limiting or special medical conditions (pregnancy, heart conditions, ocular difficulties, epilepsy, etc) should consult with their medical professionals before participating in this training. If given approval to participate in the training, the participant agrees to inform one of the trainers of this condition.
6. It is the responsibility of the participant to see and obtain appropriate professional assistance if needed. Providing such assistance is not part of the training. Clinicians who elect to do personal EMDR work can find lists of EMDR trained clinicians at: www.EMDRIA.org
7. In order to assure confidentiality of personal and clinical information, audio and video recording is not permitted. It is expected that all participants will maintain the highest ethical standards of



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confidentiality, regarding all personal and clinical information shared by others in the training. Failure to maintain confidentiality will be considered an ethical violation and may result in dismissal of the training program without any reimbursement. Confidentiality will apply to all consultation sessions and practice experiences: specifics may be discussed only with members of the immediate consultation group and trainer/s.

8. Participants agree to obtain written consent for the release of (non-identifying) information from each client prior to presenting case material during group consultation sessions. Participants agree to keep a completed written release form in each client's chart about whom they disclose case material. Participants agree to avoid disclosure of client name or other identifying information in making verbal presentations and in sharing written documentation of client sessions.
9. Participants agree to read

Eye Movement Desensitization and Reprocessing, Basic Principles, Protocols and Procedures.
Shapiro (2001, 2nd edition)

10. Participants will be provided one copy of the course manual. The additional readings are paid for by the participant. If a manual is lost and needs to be ordered a replacement will be provided to the participant at cost.

11. Participant's agree to the following refund policy:



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Up to 30 days in advance of the training start date, tuition is refundable minus a \$100 administrative fee. Within 30 days of the training start date, a refund will be made only if the vacancy can be filled, minus a \$100.00 administration fee. Any requests regarding this must be in writing with date determined by postmark or email. After the start of the training due to the desired small size of the training, no refunds will be given for any reason, because at that point a replacement cannot begin.

12. A certificate of Completion will be issued to all participants who satisfactorily attend all training days, complete the assigned readings and homework and demonstrate participation in group discussion, practice exercises and participate in 10 hours of consultation, and an understanding of the EMDR treatment approach. Participants arriving more than 15 minutes late or leaving more than 15 minutes early will need to discuss and pay additionally for make-up sessions with a training staff member in order to receive CE credits. The time required may be billed at the Approved Consultants current rate of \$200/hour.

Agreement Signature of Participant

Print Name

Date



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